

# Family Life Education

Peninsula College offers parent education programs for families with young children in Clallam and Jefferson Counties. Each program offers developmentally appropriate learning activities for young children ranging in age from birth to five years of age.

Parents become active partners in their children's education by assisting teachers in the classroom on a scheduled rotating basis. Because these are parent run organizations, parents are also actively involved in the day-to-day operation of the preschool programs.

Parent Education instructors from Peninsula College facilitate parenting discussions on topics appropriate for each age group. These programs support parents in an environment where they can enhance and develop effective parenting and leadership skills. Parents receive college credits for attendance and participation in the program and have the opportunity to earn short-term certificates. Parents/students who complete a combination of 12 credits of Family Life Education courses can apply for a Parenting and Family Management Skills Certificate. Parents/students who complete a combination of 18 credits of Family Life Education courses can apply for a Leadership Skills Certificate.

## Short-Term Proficiency Certificates

- Leadership Skills
- Parenting and Family Management Skills

### Family Life Education

## Student Learning Outcomes

Upon completion of this program, students will be able to:

- Discuss and identify developmentally appropriate environments for children that encourage learning through active exploration and self-discovery
- Use positive age-appropriate guidance techniques when assisting the teacher and parents in the classroom
- Recognize safe, healthy, and quality environments and practices that minimize the risks and meet the needs of the developing child
- Recognize skills of decision making and problem solving
- Demonstrate effective participation in group organization and leadership
- Advocate for and support appropriate environments for the physical, social/emotional, and cognitive development of children
- Recognize and advocate for parent involvement in the best interest of children
- Access and advocate for community resources and programs that serve the needs of children
- Evaluate and support the cooperative program and parents' participation to continue providing a quality program
- Implement healthy, safe practices for young children
- Explain and apply early childhood development and developmentally appropriate practices/environments for young children within a context of social and cultural influences
- Apply strategies for working with children, within a culturally relevant, anti-bias approach in order to promote social-emotional competence
- Determine and utilize appropriate resources for family support, within a social, cultural and anti-bias framework

Professional Technical Program